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To: Dr. Vincent Boudreau

From: Brandon Vasquez He/Him

Subject: The lack of studying conditions for students that do school work on campus

As I come to the end of my freshman year I feel like I've spent some time on campus, I want to share some thoughts.

A new student should always try to learn how to keep up in a new school. Try to look around the campus, meet new people, and even adapt to the environment. Yes these are very simple things that everyone should do when coming into a new space. But I believe that in my opinion I've done this but I feel like there is a lack of space for students to do their school work on campus.

When trying to study there are many methods of studying that involve other people and others require focus. But if disrupted it will be harder for us to focus. One study conducted by the University of Minnesota found that students who have a positive study environment tend to perform better academically compared to those who have a negative study environment (Barkley et al., 2016). The study emphasized that a positive study environment includes factors such as having a quiet and well-lit space, having access to necessary resources like textbooks and technology, and having supportive peers or family members. This does have an impact on the way we learn when we study. From experience I always have hard times when studying when the conditions aren't right, which hinders my ability to succeed in my classes. .

In the library leaving students unattended they are more likely to be louder and cause more distractions to other students. A study by the University of Nebraska-Lincoln found that students who are exposed to distractions in their study environments tend to perform worse academically (Rosen et al., 2013). The study emphasized that distractions like noise, visual clutter, and technology can negatively impact students' ability to focus and retain information. With this in mind it will be beneficial to let students have the best possible conditions to study.

Studying can do a lot for a student's career and can help them keep up and even excel in class. Many students may have a difficult time when studying in the campus as there can be a sort of distractions and the lack of good study conditions. It can lead to a lot of unsuccess in classes. I really would like if there could be a some attention to this problem as in CCNY as a collective we want success for everyone

References:

Barkley, E. F., Cross, K. P., & Major, C. H. (2016). Collaborative learning techniques: A handbook for college faculty. John Wiley & Sons.

Rosen, L. D., Lim, A. F., Felt, J., Carrier, L. M., Cheever, N. A., Lara-Ruiz, J. M., ... & Rokkum, J. (2013). Media and technology use predicts ill-being among children, preteens and teenagers independent of the negative health impacts of exercise and eating habits. *Computers in Human Behavior*, 29(3), 1196-1204.